



**Application for Yoga 911 Trauma-informed, Resiliency Training (20 or 30 hr)  
April 24-26<sup>th</sup>, 2020, Cleveland, OH**

Full name: \_\_\_\_\_ Date \_\_\_\_\_  
Print please

Address: \_\_\_\_\_

Email: \_\_\_\_\_ DOB \_\_\_\_\_  
mm/dd/yyyy

Cell Phone: \_\_\_\_\_ Text ok? Y or N Other Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
Name Relation Phone

Occupation: \_\_\_\_\_

Medical ailments or restrictions:

Have you ever practiced yoga in any form? (Breathing techniques, postures, mindfulness, meditation, Yoga Nidra...) How many months/years?

Briefly explain why you are interested in this training:

If you are a yoga instructor, are you interested in completing the certification requirements that would allow you to teach Yoga 911 classes? (this requires work outside of training). **Yes** \_\_\_\_\_ **No** \_\_\_\_\_

**Note: All trainees receive participation and course completion certificates.**

Do you plan to attend with a spouse, parent, child or sibling? Yes \_\_\_\_\_ No \_\_\_\_\_ (check one)  
If you answered yes, what is the name of the family member?

If a First Responder, which City and station, district, or department?

City \_\_\_\_\_ Fire house # \_\_\_\_\_ District # \_\_\_\_\_ Dept. \_\_\_\_\_

Are you registering as: Single(3 day required for Yoga teachers) \_\_\_\_\_\$495.00 Single (2 day)\_\_\_\_\_ \$225.00

First Responder(2 day)\_\_\_\_\_ \$100 FR Family duo(2 day)\_\_\_\_\_ \$200 FR Family Single\_\_\_\_\_ \$175 see pg.2

## Yoga 911 Training Tuition / Payments/Refund policy

Once you have submitted your application (page 1 above) and payment for the training, Vivo Yoga, LLC will email you the status of your registration as the first training class size will be limited. Once accepted, you will be emailed about payment. See options below.

Great News Cleveland trainees! Due to donated space, Everyone gets early bird pricing rates below!!!

**\$495.00** per person (30 hours, mandatory for yoga instructors seeking certification in Yoga 911) 3 days

**\$225.00** per person for 2 days (20 hours)

**\$200.00** for married couple or two First Responder family members attending (siblings, parent/child) 2 days

**\$100.00** for Police, Fire, or EMS personnel (2 days) solo

**\$175.00** for First Responder Family member attending solo (2 days)

**\$395.00** for First Responder who is a Yoga teacher attending for credits. Must attend 3 days

Deposit of half the tuition amount may be paid if registered by 3/14/2020. The rest due by April 24<sup>th</sup>, 2020

- ✓ Payment can be mailed with the slip at bottom of page in the form of a check
- ✓ Payment can be made via Venmo to @ Lisa-Vivolo-1
- ✓ Cash is King

### **Contact Lisa about other payment plans**

Late Registration:

If you apply on/after April 14, 2020 (if spots are available), you will be required to pay in full immediately upon being notified of completion of registration. See Refund policy below.

Refund policy:

- Full refund if cancel within 72 hours of payment
- 50% refund if cancel after 72 hours of processed pymt. up to April 10<sup>th</sup>, 2020
- Any cancellations after April 10<sup>th</sup>, 2020 will not be refunded in any amount.

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### **Yoga 911 training payment slip**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Tuition total \_\_\_\_\_ Deposit amount (half) \_\_\_\_\_ Check # \_\_\_\_\_

Make check payable to **Vivo Yoga, LLC** and remit with this slip to: Lisa Vivolo  
20375 Parklane Drive  
Rocky River, OH 44116

Thank you and enjoy the training!